

Health and Fitness

Courses

Adaptive Physical Education
Advanced Physical Education 1
Advanced Physical Education 2
Anatomy
Comprehensive Physical Education
Credit Recovery Health
Credit Recovery Physical Education 1
Credit Recovery Physical Education 2
Drugs & Alcohol
Elementary Health 1 A/B
Elementary Health 2 A/B
Elementary Health 3 A/B
Elementary Health 4 A/B
Elementary Health 5 A/B
Elementary Health Kindergarten A/B
Elementary Physical Education 1 A/B
Elementary Physical Education 2 A/B
Elementary Physical Education 3 A/B
Elementary Physical Education 4 A/B
Elementary Physical Education 5 A/B
Exercise Science
Family & Consumer Science
Family Living & Healthy Relationships
First Aid & Safety
Fitness Basics 1
Fitness Basics 2
Fitness Fundamentals 1
Fitness Fundamentals 2
Flexibility Training
Group Sports
Health & Personal Wellness

Health Careers

HOPE 1

HOPE 2

Individual Sports

Intro to Coaching

Intro to Group Sports 1

Intro to Group Sports 2

Intro to Individual Sports 1

Intro to Individual Sports 2

Intro to Nursing 1

Intro to Nursing 2

Life Skills

Lifetime & Leisure Sports

Medical Terminology

Middle School Health

Nutrition

Outdoor Sports

Personal Health & Fitness

Personal Training Career Prep

Personal Training Concepts

Physiology

Running

Sports Officiating

Strength Training

Walking Fitness