



DICKINSON COUNTY
HOSPITAL FOUNDATION



Dear Parent/Guardian,

The Iron Mountain School District is continuing to implement an innovative program for our student-athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our students, we use a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If a student is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to students every two years to ensure the accuracy. This non-invasive test is set up in “video-game” type format and takes about 20-25 minutes to complete. It tracks information such as memory, reaction time, speed, and concentration. Essentially, the ImPACT test is a preseason physical of the brain. It, however, is not an IQ test.

If a concussion is suspected, the student will be required to re-take the test. Both the preseason and post-injury test data is given to a local doctor to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine academic accommodations, when appropriate, and when return-to-play protocols (if applicable) are safe for the injured student to begin. If an injury of this nature occurs to your child, you will be promptly contacted with all the necessary details to ensure proper and timely management of the condition as well as the most forward thinking quality care.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student. We are excited to continually implement this program at the Iron Mountain School District given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with the incidence of multiple concussions. The Iron Mountain School District administration, coaching, and athletic training staff are striving to keep your child’s health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact Morgan Schmidt at 906-776-9003.

If you DO NOT want your child to take this test, please fill out the attached form and have your student return it to their teacher. Please feel free to contact Morgan Anderson at 906-776-9003 with any questions. If you wish to have your child take the test, no further action is needed.

Sincerely,
Morgan Anderson LAT, ATC, NREMT
Dickinson County Healthcare System Sports Medicine Coordinator
Certified Athletic Trainer



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Opt- Out Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I DO NOT wish to have my child participate in baseline ImPACT testing. I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I understand that this form must be signed, dated and returned to the Iron Mountain School prior to the testing date. If this form is not signed and returned, it will be assumed that my child has my consent to participate in ImPACT testing.

Printed Name of Athlete _____

Current Grade _____

Signature of Athlete

Date

Signature of Parent

Date